



West Mountain Trails

Canyon Trail
(0.7 mile)
Moderate to
Strenuous

This trailhead is behind the Mountain Valley Water building, starting out as a 150-yard serpentine path. At the intersection with the Oak Trail, take the path to the right. This leads up the mountain around a novaculite outcropping and crosses West Mountain Drive. The Canyon Trail intersects the West Mountain Trail just below West Mountain Drive.

Oak Trail
(1.0 mile)
Easy

The trail can be accessed a short distance above the Canyon Trail's winding switchbacks. Entering the Oak Trail, you will immediately cross a footbridge beside a retaining wall and a culvert.

Whittington Trail
(1.2 miles)
Easy

This gravel trail is popular with joggers and walkers. This is a 1.2 mile loop.

Mountain Top Trail
(1.5 miles)
Moderate to
Strenuous

This trail begins at Whittington Avenue as a steep, smooth-surfaced gravel path. At the intersection of the West Mountain Trail, continue to the right as the path begins to gradually rise. The remainder of the climb is smooth with novaculite rocks littering the trail near the peak. At the intersection on the mountain peak, the Sunset Trail crosses to the right, and if you go right, it is a 13.5-mile round trip. The Mountain Top Trail continues across the Sunset Trail as a curvy, steep descent made difficult by numerous stone and concrete water bars. Watch your step. The trail meets West Mountain Trail again to your left. The Mountain Top Trail continues down the mountain, where it meets Prospect Avenue after another 100 yards.

West Mountain Trail
(1.2 miles)
Moderate

This trail is a loop with the Mountain Top Trail from Whittington Avenue, Prospect Avenue, or the Oak Trail. The West Mountain Trail intersects the Mountain Top Trail above Prospect Avenue. Ascend the 14 mortar and stone steps to the left of the West Mountain-Mountain Top trail intersection, and take the path to the right. Approximately 50 yards before the trail crosses West Mountain Drive, a stone footbridge with an iron handrail to the left. The trail ultimately merges with the Canyon Trail after another .5 mile past the footbridge. A short distance past that intersection, after crossing West Mountain Drive, the trail becomes steep and uneven, so watch your step. A fork in the trail appears just below the second crossing of West Mountain Drive. The Oak Trail leads left to the West Mountain overlook, which has the only covered shelter on West Mountain. The West Mountain Trail continues along a canyon to your right. The trail begins a gradual descent and levels out before meeting the Mountain Top Trail. You can return to the starting point by taking the Mountain Top Trail to the right.

Trail Manners

Please remember to *Leave No Trace* on the park trails. Leave rocks, plants, flowers, and artifacts for others to enjoy. Keep pets leashed and pick up the waste. Follow marked trails and ignore "cut-throughs." Report vandalism or graffiti to a law enforcement ranger by calling 501-620-6780.

Lock your vehicle and keep valuables out of sight. For an emergency, call 911.

Hot Springs

Hot Springs National Park
Arkansas



National Park Service
U.S. Department of the Interior

West Mountain Trails

- ◆ Lock vehicle doors and keep valuables out of sight.
- ◆ Take drinking water and wear appropriate clothing and shoes.
- ◆ Do not remove or disturb any plant, animal or object.
- ◆ Bicycles, ATVs, motorcycles, and other vehicles are prohibited on trails.
- ◆ Keep pets restrained on a leash.
- ◆ Stay on marked trails. Horses are allowed only on unpaved trails.
- ◆ Camp only at Gulpha Gorge campground.
- ◆ Pack out what is packed in.

